

Effectiveness of Geriatrics for Aging Patient with Chronic Schizophrenia

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Abstract – Geriatric treatment procedure is effective and crucial for aging patients with Chronic Schizophrenia and it can reduce the impact on the nervous system. The aim of this research is to evaluate the effectiveness of geriatrics in aging people in the condition of Chronic Schizophrenia. In addition to that, this research focuses on the health development process. Chronic Schizophrenia has some symptoms that are described in this research process and also this article depicts the value of geriatrics in the treatment procedure for aging people. These psychological issues can be prevented through using pharmacology and also neurostimulators. Through using a secondary data collection method and purposive sampling method, the research has been done minutely.

The research also has focused on the causes of Chronic Schizophrenia and also improved the health improvement policy. In addition to that, the description of nurses' activities to prevent the issues of Chronic Schizophrenia is demonstrated respectively. As mentioned in this research, geriatric is effective because it can display the entire picture of patients' health issues.

Keywords— Geriatrics, prevention, Chronic Schizophrenia, syndrome, older adult, aging patient, Treatment

1. Introduction

Geriatric is the disease prevention process and medicine that doctors prescribe for aging people. It focuses on the quality of life and also it helps to manage the illness of older adults. In this article, the significance of geriatrics on Chronic Schizophrenia is elaborated. This treatment process has been followed by doctors for chronic diseases in aging people. The research focuses on the effectiveness of Geriatrics and for aging patients. In addition to that, this research also focuses on the impact of Chronic Schizophrenia on aging patients and the need for geriatrics on the prevention of Chronic Schizophrenia for aging Patients. **Chronic Schizophrenia** is an enduring syndrome of hallucinations, delusions, flatness of effect, and incoherence of speech. The aim of this research is to examine the importance of Geriatrics for aging people with Chronic Schizophrenia.

Impact of Chronic Schizophrenia for aging Patient

Chronic Schizophrenia is a major concern for aging patients and it is a serious mental illness. As per the views of Herold *et al.* (2018), this may result in some combination of delusions, hallucinations, and overthinking, and behaviour that impairs daily functioning, and maybe disabling. It involves a number of issues with cognition, emotions, and behaviour. It is the cause of disorganised speech and other mental disorders.

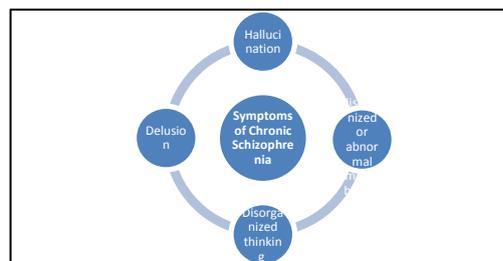


Figure 1: Symptoms of Chronic Schizophrenia
(Source: Self-developed)

Cognition: This disease can increase mental issues in aging people. As mentioned by Iglay *et al.* (2017), it is a false belief of people and during this process; people can imagine that they are getting harassed and harmed. In older adult people, due to this disorder, cognitive deficits can be the cause of functional disability. Functional disability accounts for roughly half of Schizophrenia treatment costs that boost substantially later in life. This disease impacts the speed of processing, problem-solving, attention or vigilance, verbal learning, executive functioning, reasoning, and visual learning.

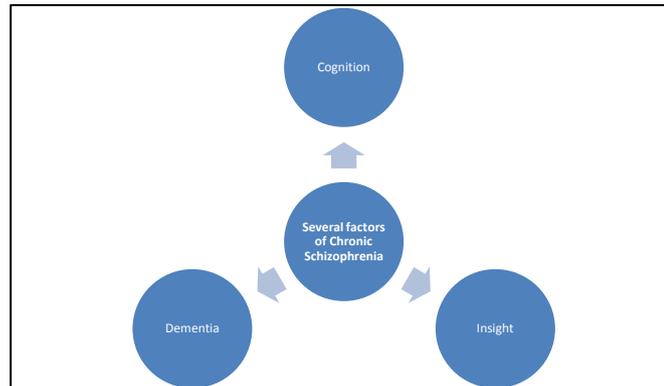


Figure 2: Several factors of Chronic Schizophrenia
(Source: Self-developed)

Dementia: It is another symptom of this disorder and also it is the impact of this disorder on older adults. As per the views of MacKenzie *et al.* (2018), through this chronic disorder, dementia in aging people can be noticed, and also this disorder has an impact on dementia (Alzheimer's disease). Factors that include cardiovascular disease, polypharmacy, history of substance abuse or alcohol, and age can increase the risk of dementia and chronic Schizophrenia.

In this case, this disorder has an impact on the health improvement for other diseases of older adults. With the exception of this, it impacts the communication process and also reduces the emotions of people (Nguyen *et al.* 2018). On the other hand, it can also impact the sensing process for aging people such as they can hear unreal voices and others.

Effectiveness of geriatrics for aging Patient with Chronic Schizophrenia

In older adults, to prevent diseases, doctors always prescribe geriatric medicines. In the words of Khan *et al.* (2018), geriatrics or geriatric medicines is the process of disorder prevention and it focuses on health care for elderly people. The aim of this process is to promote the health of older adults by preventing and treating disorders. In addition to that, it also aims to prevent disabilities in older adults. On the other hand, Voumard *et al.* (2018) suggested, geriatrics is a branch of medicine and care that deals with the issues and disorders of old age and medical care. In addition to that, it is the process of treatment for aging people. As per the words of Shrestha *et al.* (2019), health complexity is the hallmark of geriatrics or geriatric medicines. The main aim of this process is to prevent the issues of functional ability and improve the quality of life.

This process is applied in chronic diseases and it can improve the health of people. It manages the diet of older adult people and also helps to reduce health problems of people. As mentioned by Kossioni *et al.* (2018), geriatrics promotes collaboration across different healthcare settings. It also focuses on a caring approach around older adult patients' preferences and challenges. As per the views of Kabisch *et al.* (2017), geriatric care is crucial in health care management due to its effective operations. In this case, it permits senior patients to receive specialised care that takes and understands into consideration their unique demands. It focuses on the big picture of the issues such as family health history, patients' health history, causes and symptoms of the disease, and ensuring appropriate medicines. Through this process, nurses of health care focus on the mental health of older adults.

2. Materials and Methods

Geriatric is the disorder prevention process and through using this process, the chronic disease of mental illness can be prevented. In this case, older adults can face the major issue of mental illness such as delusion, hallucination due to isolation. Isolation is increasing in the global countries due to the pandemic and also the older aged people are being isolated from their family conversation because of their age. In this case, this kind of issue of Chronic Schizophrenia can be seen in older adult people and also the doctor's focus on geriatrics. As notified by Van *et al.* (2021), geriatrics focus on the clear picture of the patients' illness and also provide effective treatment to prevent the issue and control the symptoms. The materials of this research have been collected from the research articles, journals, and websites.

In this research process, the **secondary data collection method** has been used to analyse the effectiveness of geriatrics for aging people. As mentioned by Archibald *et al.* (2019), the secondary data collection method is the process of data collection that is collected from other available information from other resources such as Google scholar and others. In this case, the data is collected through the purposive sampling technique and it helps to collect effective and factual information of geriatrics. The English journals have been chosen to do this research and also resources were published 2017 to 2021. This research has also focused on the keywords and the required journals have the keywords of this research such as geriatric, health improvement, older adult, and Chronic Schizophrenia.

From that data collection process, it can be analysed that Chronic Schizophrenia can increase the tendency of suicidal behaviour and also increase overthinking in people. In this case, pharmacotherapy can reduce the impact of mental illness. With the exception of, geriatrics (all over health care management) can reduce the impact of this disorder on aging people.

3. Result and Discussion

The research focuses on the effectiveness of geriatrics and health management of older adult people to improve their mental stability. In this case, geriatric care has some principles such as it mainly helps to detect functional impairments in older adult patients and identify the ways to maximise their residual operations. As per the views of Nicol *et al.* (2020), geriatrics is important in the treatment process to stay updated about the health conditions of patients. As per the result of geriatric is a specialty that is dependent on improving health care for older adults. It benefits older adults to improve their health through treating disorders and preventing symptoms. As per the words of Fabbo *et al.* (2020), geriatric nursing includes catering benefits to aging patients at hospitals, patient's homes, or special institutions such as psychiatric institutions, nursing homes, and others.

This prevention process is aimed to maintain the function of health and determine severe disease at an early stage. In addition to that, Bojdani *et al.* (2020) mentioned, it also prevents deterioration of existing health challenges. This older adult treatment process can manage the health of people and also helps to reduce the impact of mental disorders. As per the result of this analysis, it can be stated that the main reason for increasing the rate of Chronic Schizophrenia in older adults is the Covid-19 pandemic. In addition to that, it can increase the health of older adults due to **genetic issues**, **hormonal misbalance**, **family relationships**, **stress**, and others. In this case, it can also be stated from the result of this research article that this disorder needs lifelong treatment in older adults.

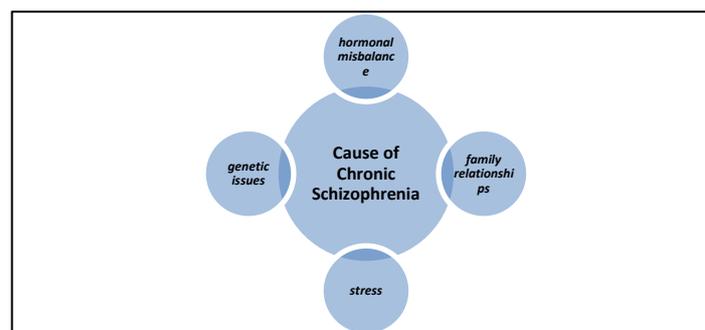


Figure 3: Cause of Chronic Schizophrenia
(Source: Self-developed)

As per the result of this research, it also can be discussed that Schizophrenia is a chronic brain disorder that can impact physical and mental health. In older adults, it can occur due to environmental and psychological factors. The result of this research and also other research depict that Schizophrenia increases extrapyramidal symptoms in older people. As per the views of Banerjee (2020), geriatric health care can prevent the issues of this kind of mental disorder. In this case, it can be illustrated that the geriatric health care team does not just focus on the medical conditions and the nurses' focus on the holistic approach of the treatment process. In this case, it evaluates the past illness of patients and also focuses on the current scenario of patients.

The geriatric treatment process helps to improve the treatment policy and also focuses on pharmacotherapy. In addition to that, the geriatric health care team focuses on the requirements and needs of patients through testing their health issues. As per the views of Conversano *et al.* (2020), being kind to the patients and showing empathy is another geriatric treatment policy that helps to improve the motivation of patients and reduce the impact of symptoms. As well as, it manages the tendency of suicidal behaviour of patients. In addition to that, this treatment policy assists patients to take care of their vision, auditory, and mental illness management aid.

4. Conclusion and Recommendation

As per the above study, it can be demonstrated that the geriatric treatment policy helps to focus on the overall picture of the health issues of patients. It includes past health history, genetic disorders, other health issues, and also the impact on the health

of the challenge that is present on the patient. In addition to that, the study also described that geriatric medicine is the treatment process for aging people and also improves the health of older adults. As per the result of this study, it can be stated that geriatric nursing helps to improve the quality of life of older adult patients and also reduce the issues of functional disabilities. Through pharmacotherapy, and also the kind behaviour to the older aged people can reduce the mental illness of Chronic Schizophrenia.

In this case, it includes nutrition of aging people, geriatric medicine, physical activities, psychological support, and social contact. In addition to that, through using this geriatric process of treatment, the doctors can provide treatment to the patients. In this case, it can be recommended that the doctors can implement neurostimulators to treat Chronic Schizophrenia in aging people. As per the above research analysis and discussion, it can be stated that it is an effective care process to manage Chronic Schizophrenia for aging patients.

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